

# cavendish cancer care

## Support for people affected by cancer

At Cavendish our team of skilled practitioners and therapists specialise in supporting anyone affected by a diagnosis of cancer. We are here to listen to your concerns and provide telephone and online support tailored to your individual need. We can offer:

### Telephone and online counselling

### Online body based therapy

This can involve the therapist introducing a number of techniques that are gentle and safe and can be adapted to your individual needs to help you to look after your physical and emotional health and wellbeing.

### Specialist support for children and young people

### Cancer Buddies

Cancer Buddies are trained volunteers who have either had cancer themselves or have cared for someone with cancer. We are accepting referrals for people wishing to be matched with a Buddy.



## Say hello

[www.cavcare.org.uk](http://www.cavcare.org.uk)

Please fill in our online self referral form at [www.cavcare.org.uk](http://www.cavcare.org.uk). We will contact you to arrange a telephone appointment.

[info@cavcare.org.uk](mailto:info@cavcare.org.uk)

Send us an email on the above address.

**0114 2784600**

Leave your details on the answerphone and we will call you back.

### Cancer Buddies

To request support from a Buddy get in touch through the link on our website or email [buddies@cavcare.org.uk](mailto:buddies@cavcare.org.uk).

**Whichever way you get in  
touch we aim to respond  
within three working days.**

For more information and the latest updates visit [www.cavcare.org.uk](http://www.cavcare.org.uk)  
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