

Conditions suitable for Pharmacy First minor illness referrals (this list is not exhaustive). Note, the service is only for patients aged over 1 year.

- Acne, spots, and pimples
- Allergic reaction
- Ankle or foot pain or swelling
- Athlete's foot
- Bites or stings, insect, or spider
- Blisters
- Constipation
- Cough
- Cold and 'flu
- Diarrhoea
- Ear discharge or ear wax
- Earache
- Eye, red or irritable
- Eye, sticky or watery
- Eyelid problems
- Hair loss
- Headache
- Hearing problems or blocked ear
- Hip, thigh, or buttock pain or swelling
- Knee or lower leg pain
- Lower back pain
- Knee or lower leg pain
- Lower back pain
- Lower limb pain or swelling
- Mouth ulcers
- Nasal congestion
- Pain and/or frequency passing urine.
- Rectal pain
- Scabies
- Scratches and grazes
- Sinusitis
- Shoulder pain
- Skin, blisters or rash
- Sleep difficulties
- Sore throat
- Teething
- Tiredness
- Toe pain or swelling
- Vaginal discharge
- Vaginal itch or soreness
- Vomiting
- Wound problems – management of dressings
- Wrist, hand, or finger pain or swelling

Please note only patients aged 2 years and over can be treated for conjunctivitis.

Conditions suitable for Pharmacy First that can be treated by PGD. Note, patients with these presentations but outside the age/sex restrictions can still be referred, but are at higher risk of referred back as they can only be managed by the pharmacy with over the counter treatments or advice.

- **Acute otitis media** (in ages 1 to 17 years)
- **Impetigo** (in ages 1 year and over)
- **Infected insect bites** (in ages 1 year and over)
- **Shingles** (in ages 18 years and over)
- **Sinusitis** (in ages 12 years and over)
- **Sore throat** (in ages 5 years and over)
- **Uncomplicated urinary tract infections** (in women aged 16-64 years)